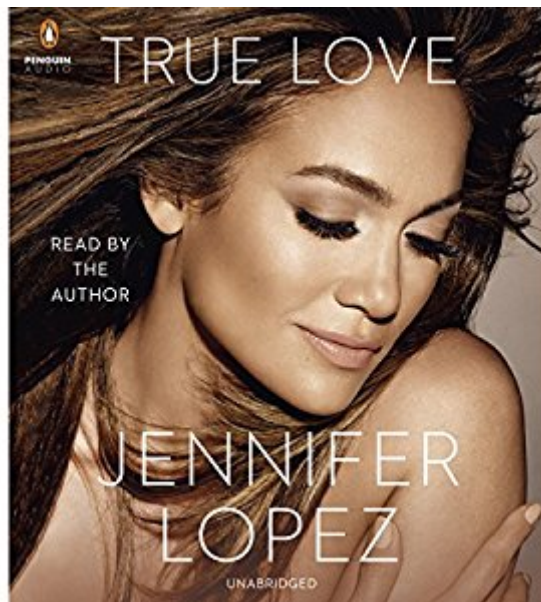


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True Love



Synopsis

In True Love, Lopez explores one of her life's most defining periods - the transformative two-year journey of how, as an artist and a mother, she confronted her greatest challenges, identified her biggest fears, and ultimately emerged a stronger person than she's ever been. This visually arresting publication is guided by both intimate and electrifying never-before-seen photographs. True Love is an honest and revealing personal diary with hard-won lessons and heartfelt recollections and an empowering story of self-reflection, rediscovery, and resilience.

Book Information

Audible Audio Edition

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Customer Reviews

I think you would like this book if you are a Jennifer Lopez fan. The problem is that I'm not. I don't hate her or anything, I'm just not a fan. I read the book because I am also contemplating ending my marriage, and I have a child that is caught up in this mess. And I liked the synopsis that I read online. The problem is, that the synopsis of this book is about as good as it gets. I feel like the whole book is written in platitudes. "You can't truly love someone until you love yourself," and all that sort of stuff. Don't get me wrong, I agree with pretty much everything she said, but I'm not sure why she decided to write the book. Most of the book, is spent describing her recent world tour, how different parts of the performance symbolized her life, and how the tour changed her life. This is probably interesting to fans, especially those who when to see her on tour, but I found it pretty boring. I wanted more. I wanted her to explain how she thinks she could prevent herself from being

mistreated in the future. She makes vague statements about not respecting herself, and vague references to verbal and emotional (possibly physical?) abuse, but doesn't say much beyond that. I don't want to read a blow-by-blow about her relationships, but she is so vague about everything in her life that you are left wondering what the book is about. If you are going to write a deep book and title it true love, then you really have to put in some specifics somewhere. After reading the book, I am certain that her divorce agreement probably had some clause that barred either party from discussing their marriage in public. As a result the book is a great description of her world tour, but a lousy book on love and marriage. I respect Jennifer Lopez, and I'm glad that she got out of what was probably a bad situation, but this was not an interesting read for me. I'm probably the only non-fan to have read this book (silly me).

Both my wife and I read this introspective autobiography by Jennifer Lopez, a woman we have long admired. At times eye-watering, we must understand that fame and fortune really doesn't change what we still need out of life.

was not worth my time....would not recommend this book...I felt she wasn't honest....

I am a JLo fan so I was anxiously awaiting this book and even purchased it early. I knew it was only about part of her life but she's as famous as they come so it had to be an exciting page turner, right? Oh so so wrong. I cannot imagine someone who must have such an exciting life could put out a book THIS BORING!!! If you want a book to act as a Tylonol PM, get this book. You will be asleep within seconds. I held in there as long as I could. Sorry JLo zzzzzzzzzzzz

Boring read, with words of wisdom the are the same old same old. I was hoping the someone who's had such an interesting life would write an interesting book, but it was actually quite a boring read. The book is a combination fan book, with lots of pictures and highlighted quotes, but things like "you have to love yourself" obvious stuff. She reveals very little substance on ANY subject. The book is fluff, and you can read most of it in two sittings. I'm glad it was a gift and that I didn't actually spend any money on this.

Here's the summary: Jennifer Lopez admits to being a co-dependent in her past relationships. Then she gave birth and realized she deserved better. She hired a professional therapist, went on a world tour, and realized she needed to stop being a co-dependent. Now, she loves herself. The end.

There, I just saved you money. You're welcome.

Something that has always struck me about Jennifer Lopez, is that she seems like a woman's woman. I have always seen her as genuine, supportive and kind. While I may not love every single movie she ever made, I have definitely loved a lot of her music. I have always really liked her as a person..she has something special that carries over into all that she does....she always comes across kind and very real...like someone I would actually be friends with. She strikes me as a very good person, who clearly possesses quite a bit of spunk and brains to make it in Hollywood etc. Yes she is pretty, but it takes way more than that to last as long as she has. GOOD FOR HER!!! Why people want to say such unkind things here is beyond me. Those who hide behind your computer and say awful things...what have you done lately that has taken courage? Just remember people, what you put out into universe..really does come back to you.So I love Jennifers book. Again, her message I relate to. It is her experience, strength and hope. Who here can't use a little HOPE:)) I love that she isnt preaching, she is sharing and it feels honest. The message is about the discovery of true love of ourselves, forgiveness of ourselves and others...to not compare our insides to someone's outsides, that we all have heartbreak and that if we just put one foot in front of the other, have courage, and listen to our own intuition, what will be revealed to us is what the power of love can do...when we allow ourselves to receive it.What a powerful story. I LOVE it and you will too.Jennifer--if you ever read this one day...keep going girl...you are doing just fine:)) You have so much support out here in the world.

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